

# WE CAN STOP CANCER & PROTECT OUR FAMILIES

**Alabama's Women Have the Power to Make a Difference**

## Cervical Cancer

We can work together to **WIPE OUT** cervical cancer in Alabama. Eliminating it is possible in 3 steps:

1. **HPV Vaccination** – It prevents HPV which causes cervical cancer & it is safe (age 9-26)
2. **Screening** – Regular HPV/Pap tests find pre-cancer & cancer early (start at age 21)
3. **Follow-Up/Treatment** – If test results are abnormal, it is very important to go back to see your doctor

Learn More at: [www.operationwipeout.org](http://www.operationwipeout.org)

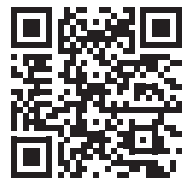
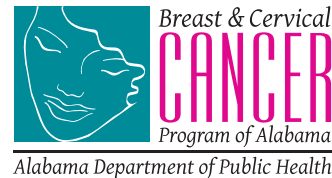
## Breast Cancer

Finding it early makes all the difference. When found early, the survival rate is 95%

1. Be sure to get a mammogram every 1-2 years (age 40 & older)
2. Talk to your doctor if there are any changes in your breast or if you have a family history
3. Don't wait until you have symptoms, often breast cancer has no symptoms

### No Insurance? Low Income?

**FREE Screening:** Age 40-64  
**FREE Follow-Up:** Age 30-64  
**FREE Treatment:** If US Citizen



For More Info: Call 1-877-252-3324 • Learn More at: [www.alabamapublichealth.gov/bandc](http://www.alabamapublichealth.gov/bandc)