

# WHAT CAN YOU DO TO ELIMINATE CERVICAL CANCER IN ALABAMA?

# It takes 3 steps:



#### HPV VACCINE

Give the HPV vaccination to children and young adults aged 9-26





#### **SCREENING**

Get regular
HPV/Pap test to
screen for
cervical cancer
beginning at
age 21





#### FOLLOW-UP/ TREATMENT

If your HPV/Pap test is abnormal, go back to your doctor/health care provider for a follow-up appointment





## I am a College Student

### What Can I Do To Wipe Out Cervical Cancer In Alabama?

Check your immunization records to see if you received all recommended doses of the HPV vaccine. It is not too late to get vaccinated if you are 26 years of age or younger! **#HPV** affects not just women; men need to get vaccinated too to protect them from other HPV associated cancers cancer of the mouth and neck, anal, and penile cancer.

Keep up with your routine screenings, including cervical cancer screening, and clarify any questions you may have with your health care provider. Be an advocate for your own health.



Share the importance of HPV vaccination and cervical cancer screening and follow-up with your friends and family members. One of the best ways to implement change is by motivating the people around you.

Be the founder of an **OPERATION WIPE OUT** club/organization on your college campus. Mobilize other students to get involved in organizing events and education seminars to promote cervical cancer awareness on campus and in the community. Partner with local high/middle schools, faith-based organizations, and other youth groups.

As an organized **OPERATION WIPE OUT** 

club/organization, partner with your Campus Student Health to make HPV vaccination and screenings readily available to students. Offer **HPV vaccination** at tabling events if the Student Health offers these services

If you lead a student organization on your college campus, **promote cervical cancer awareness** during your events.
Collaborate with other student organizations for a combined effort!

Create infographics

pertaining to HPV vaccination, screening, and follow-up backed by reputable sources, like the **OPERATION WIPE OUT** website.

#repost OPERATION WIPE

**OUT** Instagram graphics on your social media accounts. Share, follow, and tag **OPERATION WIPE OUT** on our social media handles:

- **f** @Operation WIPE OUT
- **№** @OpWipeOutAL
- @operationwipeoutal

Work with groups like the American Cancer Society or the Alabama Department of Public Health (ADPH) on awareness campaigns. Consider exploring internship opportunities with the ADPH. Contact your local clinics and offer your support through volunteer work.



Join
OPERATION
WIPE OUT and
become an
advocate.