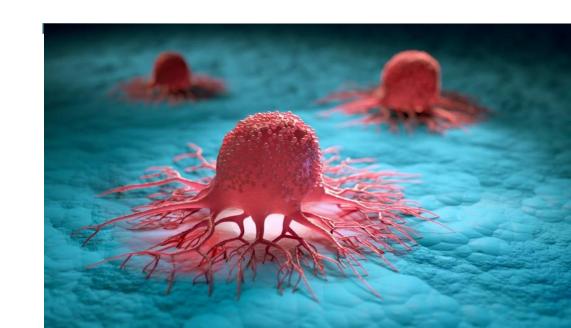


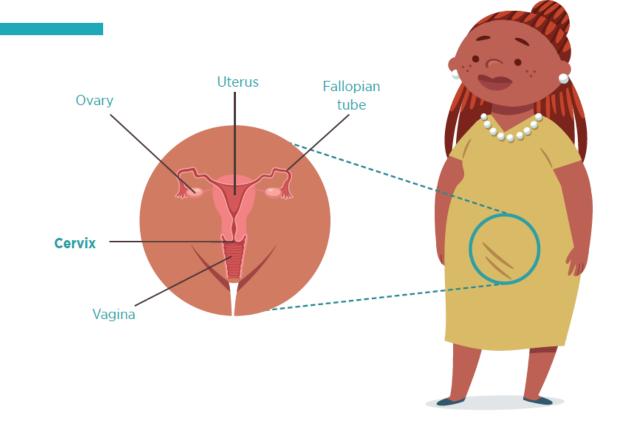
WHAT IS CANCER?

Cancer is a disease where some of our body's cell start growing out of control.



What is cervical cancer?

Cervical cancer happens when abnormal cells begin to grow in the cervix, which is part of a woman's reproductive system.





Why are we talking about cervical cancer? Good news and bad news

BAD NEWS

 Chambers County has the highest cervical cancer rate in Alabama



GOOD NEWS

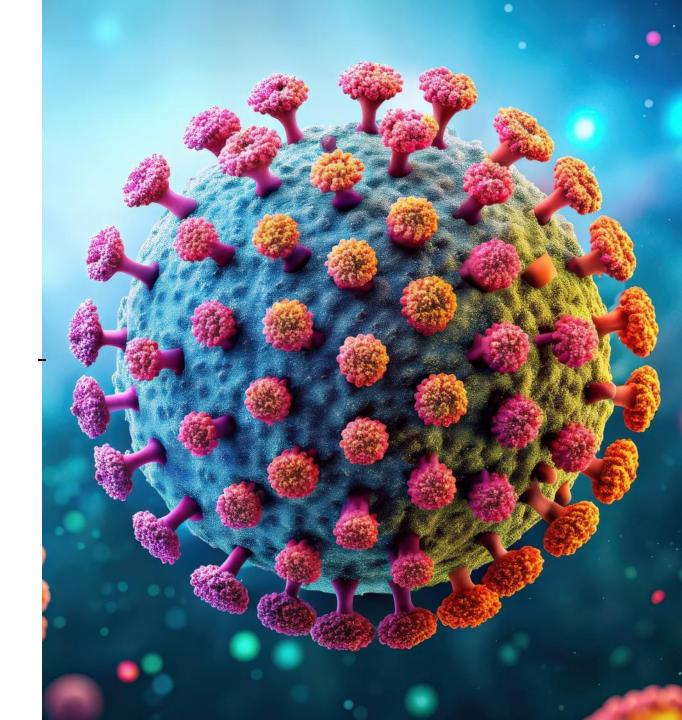
- Cervical cancer is the only cancer that can be eliminated
- We have been working hard at Valley and LaFayette high schools
- Now, we need you to join us in this mission and we will tell you HOW!



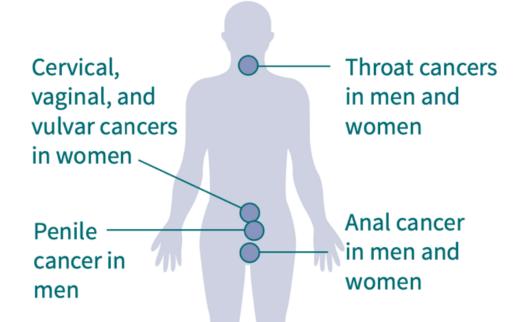
WHAT CAUSES CERVICAL CANCER?

HUMAN PAPILLOMAVIRUS HPV

It is a very common sexually transmitted virus



THE HPV VIRUS ALSO CAUSES OTHER CANCERS





HPV VACCINATION CAN PREVENT MOST OF THESE CANCERS.



How can we PREVENT cervical cancer?



VACCINATE against
HPV infection. The HPV
vaccine is for boys and
girls.



Talk to women in you life to be SCREENED for cervical cancer.



FOLLOW-UP AND FOLLOW THROUGH

Follow-up with your health care provider if your cervical cancer screening is abnormal and/or you are asked to come back to the clinic for additional tests.



HPV VACCINATION

The earlier, the better ...



BOYS AND GIRLS 9-14 YEARS OF AGE

TWO DOSES



MEN AND WOMEN 15-26 YEARS OF AGE

Because this is a little later, teenagers will need **THREE DOSES**

1st dose, 2nd dose 1 to 2 months later, and 3rd dose 6 months after the 1st dose.



HPV VACCINATION – SAFE, EFFECTIVE, & NO COST

SAFE – It has been around for over 20 years

EFFECTIVE – Millions of people have been protected from the HPV-related cancers

IMMEDIATE SIDE EFFECTS – Like any other vaccine some people get a sore arm for a couple of days, headache, dizziness

LONG-TERM SIDE EFFECTS – NONE

FREE - It is paid by health insurance or free at the health department

Talk to your parents about getting the HPV vaccine and protect you from cancers associated with this virus in the future



CERVICAL CANCER SCREENING

The purpose of cervical cancer screening is to detect changes **BEFORE** it turns into cancer and thus **PREVENTING** the disease.

Ages 21 to 65

Cervical cancer screening is recommended for women between 21 and 65 years of age

Every 3 Years

Women should be screened every three years



Women should follow their health care provider's recommendations.



Talk to the women in your life on the importance of cervical cancer screening

If they do not have health insurance ...

NO PROBLEM!!!

They can get screened at the health department or Quality of Life Health Services in Valley for FREE!

The vanity bag has information for them on the importance of screening and where to go to get screened.





LET'S WORK TOGETHER TO ELIMINATE CERVICAL CANCER

 Talk to your parents about the importance of getting the HPV vaccine and protecting you from the cancers caused by the HPV virus

 Talk to women in your life (mom, aunt, cousin, sister, grandmother) about the importance of cervical cancer screening

Share your activity book with your parents





Spread the word !!!



