

WHAT CAN YOU DO TO ELIMINATE CERVICAL CANCER IN ALABAMA?

It takes 3 steps:



HPV VACCINE

Give the HPV vaccination to children and young adults aged 9-26





SCREENING

Get regular
HPV/Pap test to
screen for
cervical cancer
beginning at
age 21





FOLLOW-UP/ TREATMENT

If your HPV/Pap test is abnormal, go back to your doctor/health care provider for a follow-up appointment



WE CAN END CERVICAL CANCER IN OUR LIFETIME

I am a Faith Based Organization/Church Leader

What Can I Do To Wipe Out Cervical Cancer In Alabama?

Consider hosting Cervical Cancer Awareness activities

- Identify a health care professional in your congregation or community to assist in planning events
- Consider establishing a health committee that meets quarterly
- Consider providing information the 1st Sunday of every month
- Host a viewing of the 35 minute "Conquering Cancer in Alabama" at your local meeting room or church



- Host a health fair or workshop
- Invite a cervical cancer survivor to tell her story

Share information about the Alabama Breast and Cervical Cancer Early Detection Program (ABC) which offers free cervical cancer screening, follow-up, and cancer treatment for women who do not have health insurance. You can contact 1-877-252-3324 for more information and educational materials



Display educational flyers on the church bulletin boards, in restroom facilities, breakrooms, and other appropriate locations

Encourage moms, dads, and legal guardians to talk to their doctor about their children (boys and girls aged 9 - 18) getting the HPV vaccination. If they do not have health insurance, Vaccines for Children (VFC) provides free HPV vaccine for children and adolescents 9 - 18 years of age

Encourage young adults (aged 19 - 26) to get the HPV vaccine

Encourage women in your church to get screened for cervical cancer regularly

Encourage women who have had an abnormal HPV/Pap test to go back to the doctor for a follow-up appointment



Identify volunteers who are willing to help take individuals to a doctor's appointment free of charge. Information about volunteer driver programs and insurance and liability issues are addressed in a free 2-part video series from the National Aging and Disability

Transportation

Center*

workshops

Donate the church van, if applicable, to take individuals to cervical cancer screening events, doctor's visits, and educational



Join **OPERATION WIPE OUT** and become an advocate

https://operationwipeout.org/