

OPERATION WIPE OUT

**cervical
cancer**
ALABAMA



OPERATION WIPE OUT is a statewide plan to eliminate cervical cancer as a public health problem in Alabama

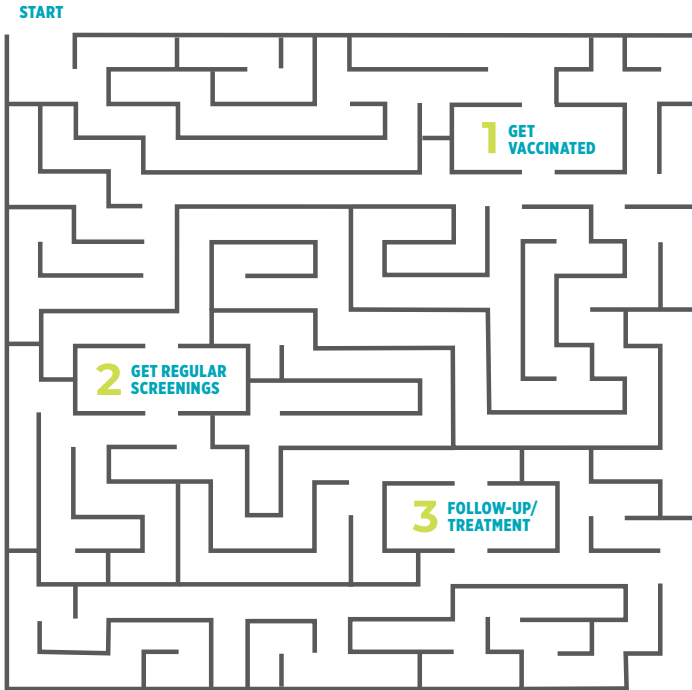
Everyone can play a role in this effort.

Let's have fun and explore how we can eliminate a preventable cancer!

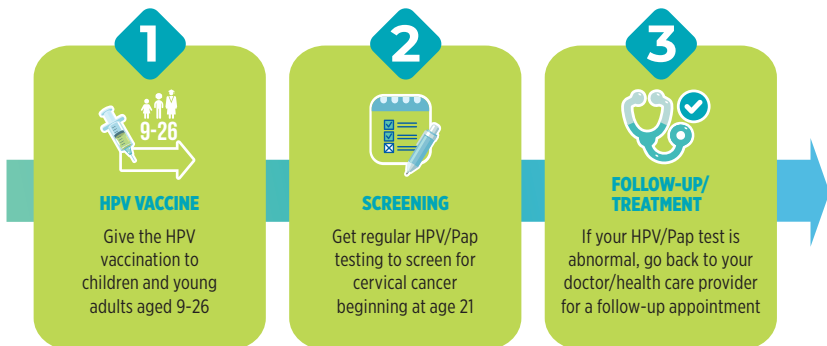
www.operationwipeout.org

FIND THE PATH

Did you know that cervical cancer can be prevented through three simple steps? Find your way through each step to eliminate cervical cancer.



ELIMINATE
CERVICAL
CANCER



LET'S COLOR

HPV, or Human Papillomavirus, is the main cause of cervical cancer as well as five other cancers.

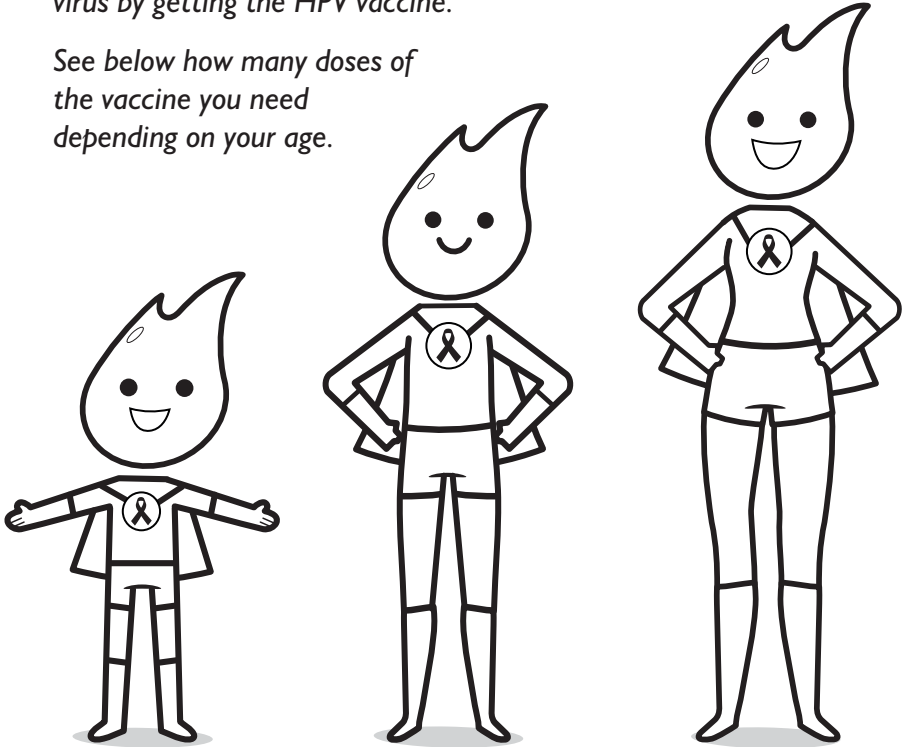
But we can protect ourselves from this villain!



LET'S COLOR

We can protect ourselves from getting the HPV virus by getting the HPV vaccine.

See below how many doses of the vaccine you need depending on your age.



CHILDREN



Between 9 and 12 years of age
2 Doses



ADOLESCENTS

Between 13 and 14 years of age
2 Doses



ADOLESCENTS AND ADULTS

Between 15 and 26 years of age
3 Doses

Talk to your parents or health care providers or get more information through reliable websites such as the Centers for Disease Control and Prevention (CDC)

HPV VACCINE

The HPV vaccine is safe, effective, and has no long-term side effects



FULL DOSE

The HPV vaccine offers the best protection to boys and girls who complete all the recommended HPV vaccination doses.



EFFECTIVE

Studies have shown that this vaccine provides almost 100% protection against the types of HPV it targets.



SAFE

The HPV vaccine underwent years of extensive safety testing before being licensed by the FDA.



SIDE EFFECTS

Side effects are the ones common to most injectable vaccines: sore arm or itching at the site of injection, headache, high temperature, chills, feeling sick (nausea).



NO COST

It is covered by most health insurance plans. The Vaccines for Children (VFC) program provides vaccines for children 18 years of age & younger who are eligible.

OPERATION WIPE OUT WORD SEARCH

B L H X L T X U Q N T L F Q T N K N Y G
L D I K G D R X G D V C U G H P K H N U
X H P V V I R U S G Y N A K N R K P X Q
X C O E Y B T W Q R K H Q E P T I V S N
E B F P D L P I W L C E P R S T D T F G
J A T R U R H P Q F E S A F E P Z E N L
S J P E G B C E U Y R S Q N H L O S B E
N W G V I F A O U W V W I N E I V T T G
K C W E I R N U V G I C P Y N E A I U R
F T G N I E K T N I C V G Y T G C N P T
G G B T Q E D I N A A O H R G I C G S C
W L P I C X T O V M L I C H P Y I Y Q E
I G M O Z S G K G S C R E E N I N G P G
P Q N N E F Z I V H A Y L Z L K A Z L H
Q D G T Z E L I M I N A T E R L T G C X
Y G V F W S L S K E C N O J C Y I R P J
M P E F F E C T I V E F G M A D O N A Z
H M T M R P R Y S Y R P W P H E N C S N
E F O L L O W U P C J Z T B S C L J Q U
Y A D J W Q H P R M Q M X L Z Y O M V Y

1. CERVICAL CANCER

2. WIPE OUT

3. FOLLOWUP

4. SCREENING

5. VACCINATION

6. HPV VIRUS

7. ELIMINATE

8. HPV TESTING

9. SAFE

10. EFFECTIVE

11. FREE

12. PREVENTION

DON'T DELAY! SCREEN **TODAY!**

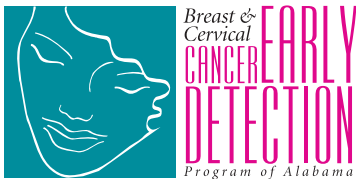


Every woman **between the ages of 21 and 65** should get screened for cervical cancer.

Screening can find changes **BEFORE** it turns into cancer, which means that it can **PREVENT** cervical cancer.

Talk to the women you love and tell them to go to the doctor and get screened.

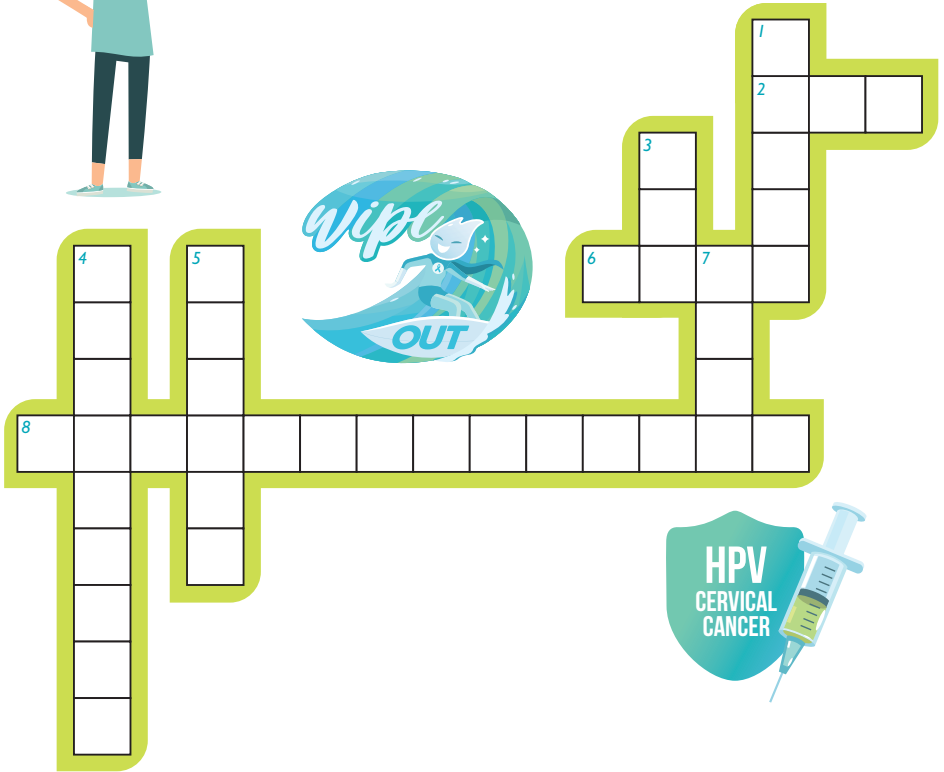
If the doctor asks them to come back, make sure they go.



Alabama Department of Public Health

If they do not have health insurance, they can get screened for free through the Alabama Breast and Cervical Cancer Early Detection Program.

OPERATION WIPE OUT CROSSWORD



ACROSS

2. Virus that causes cervical cancer
6. Long-term side effects of the HPV vaccine
8. The only cancer in the world that can be eliminated as a public health problem

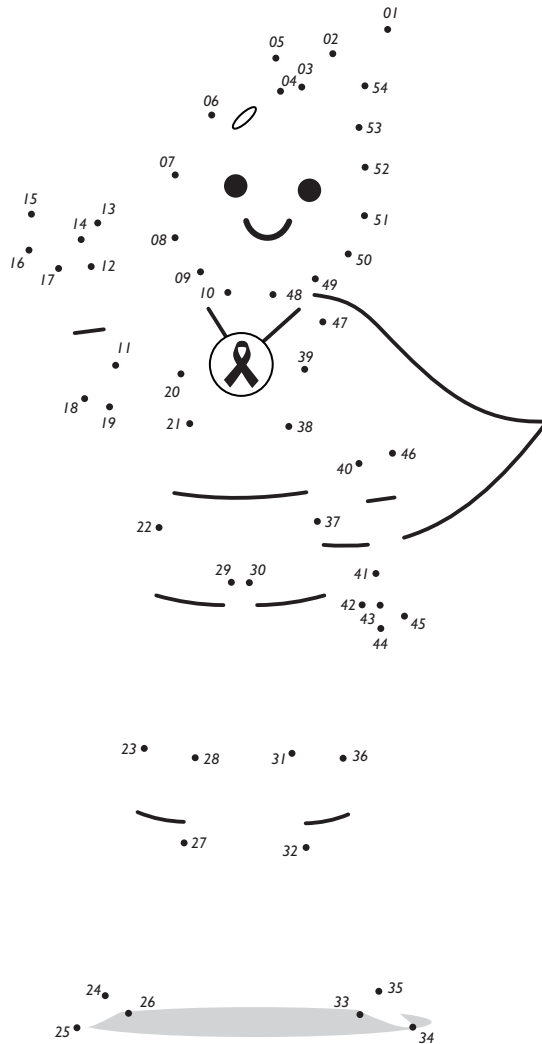
DOWN

1. Number of HPV vaccine doses recommended to adolescents and young adults between 15 and 26 years of age
3. Number of HPV vaccine doses recommended to boys and girls between the ages of 9 and 14
4. Method of cervical cancer prevention recommended for women between the ages of 21 and 65
5. Female organ affected by cervical cancer
7. Earliest age a child can get the HPV vaccine

ACROSS: 2. HPV; 6. none; 8. cervical cancer
DOWN: 1. three; 3. two; 4. screenings; 5. cervix; 7. nine

LET'S MAKE CONNECTIONS!!!

Connect the dots to create a superhero.



LET'S MAKE CONNECTIONS!!!

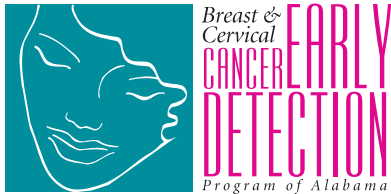
Connect the picture with the appropriate words.



A program that provides cervical cancer screening at no cost for women who do not have health insurance in Alabama



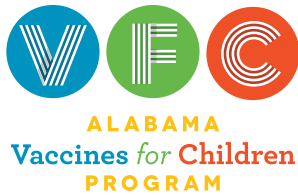
Ages that women should get screened for cervical cancer



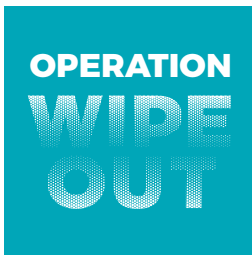
The first state in the United States to launch a plan to eliminate cervical cancer as a public health problem



A program that provides free HPV vaccination to children, adolescents, and young adults who do not have health insurance in Alabama



Earliest age a child can get the HPV vaccine



Statewide effort to eliminate cervical cancer as a public health problem in Alabama

Now that you know how to eliminate cervical cancer, spread the word

“If you have knowledge, let others light their candles in it!”

Margaret Fuller

OPERATION WIPE OUT is a partnership of many organizations working together to eliminate cervical cancer as a public health problem in Alabama.



To learn more about it go to
www.operationwipeout.org



This activity book was developed by the Health Science students from Chambers County School District, Chambers County, Alabama.

This project was supported by a grant from the National Cancer Institute to the University of Alabama at Birmingham.

Join us for a healthier Alabama !!!

