

# WHAT CAN YOU DO TO ELIMINATE CERVICAL CANCER IN ALABAMA?

### It takes 3 steps:



#### HPV VACCINE

Give the HPV vaccination to children and young adults aged 9-26





#### **SCREENING**

Get regular
HPV/Pap test to
screen for
cervical cancer
beginning at
age 21





#### FOLLOW-UP/ TREATMENT

If your HPV/Pap test is abnormal, go back to your doctor/health care provider for a follow-up appointment



WE CAN END CERVICAL CANCER IN OUR LIFETIME

#### I am a Parent

### What Can I Do To Wipe Out Cervical Cancer In Alabama?



Watch the 35-minute video "Conquering Cancer in Alabama"

Gather the facts about the HPV vaccination and don't rely on social media



# **Discuss HPV vaccination** with your child's doctor/health care

doctor/health care provider



Talk to parents whose children have received the vaccine

Consider HPV vaccination to prevent cervical and other HPV - associated cancers for your child (ages 9 - 18 especially)

- Make an appointment with your child's health care provider or County Health
   Department to receive the HPV vaccine. If you do not have health insurance, Vaccines for Children (VFC) provides free HPV vaccine to children and adolescents (boys and girls aged 9 18)
- Make sure your child receives both doses
   (6 12 months apart) if they are between the ages of 9 and 14. If age 15 or older make sure your child receives all three doses (1 2 months, then 6 months after first dose)



Don't forget to make an appointment for your routine cervical cancer screening

- Ask your doctor if it is time for your cervical cancer screening
- If you do not have health insurance call
   1-877-252-3324 or your
   County Health
   Department to schedule a free cervical cancer screening

If your cervical cancer screening results were not normal, make sure to go to your follow-up appointment with your doctor/health care provider. If you have missed your follow-up appointment, be sure to schedule an appointment. It may save your life

Share this information with your family, friends, school, church, etc.; spread the word

Join
OPERATION
WIPE OUT
and become
an advocate

