

WHAT CAN YOU DO TO ELIMINATE CERVICAL CANCER IN ALABAMA?

It takes 3 steps:



HPV VACCINE

Give the HPV vaccination to children and young adults aged 9-26





SCREENING

Get regular
HPV/Pap test to
screen for
cervical cancer
beginning at
age 21





FOLLOW-UP/ TREATMENT

If your HPV/Pap test is abnormal, go back to your doctor/health care provider for a follow-up appointment



WE CAN END CERVICAL CANCER IN OUR LIFETIME

I am Retired

What Can I Do To Wipe Out Cervical Cancer In Alabama?



Watch the 35-minute video: "Conquering Cancer in Alabama"

Encourage women who have had an abnormal HPV/Pap test to go back to the doctor for a follow-up appointment



Consider

volunteering with
a local
community
organization or
church to assist
with distributing
educational
information or assisting
with an event in your
community

Encourage moms, dads, and legal guardians to talk to their doctor about their children (boys and girls aged 9 - 18) getting the HPV vaccination. If they do not have health insurance, Vaccines for Children (VFC) provides free HPV vaccine for children and adolescents 9 - 18 years of age

Encourage women in your community to get their regular cervical cancer screening

Consider offering free transportation for women in need to attend cervical cancer screening events, doctor's visits, or educational workshops. Information about volunteer driver programs and insurance and liability issues are addressed in a free 2-part video series from the **National Aging and Disability Transportation** Center*



Share information about the Alabama Breast and Cervical Cancer Early Detection Program (ABC) for free cervical cancer screenings, diagnostic testing, and cancer treatment for women who have no health insurance (1-877-252-3324)



Join
OPERATION
WIPE OUT
and become
an advocate

